

APPLICATION & AGREEMENT FOR BECOMING A SITE FOR GIRLS ON THE RUN®



Basic Site Information (site must be located in Dallas, Tarrant, Denton, Collin, Grayson or Rockwall Counties)

SITE: _____ (if school, affiliated with what school district? _____)

ADDRESS: _____ CITY: _____

STATE: _____ ZIP: _____ PHONE: _____ FAX: _____

Host Site Responsibilities:

- Provide a site contact – in case of emergency, locked doors, change of class location, etc. (Will be identified on a separate form to be updated seasonally)
- Provide a safe, dedicated space for running. **THIS IS ESSENTIAL.** This does not have to be a track. A field is fine. However, there is a need to measure off part of the area for occasions when lessons require running a certain distance, e.g. 1 mile, 5K, etc. Watch for other sports using the area or near the area – avoid flying balls, especially softballs or baseballs.

Briefly describe the designated running area: _____

Provide a rain site. Indoor, private, preferably a gym reserved for GOTR® and **NOT** in conflict with other programs.
Briefly describe the available indoor space: _____

- Provide safety plans of host site – including evacuation plans, fire drill dates: Please attach

Dates, if any of fire drills during class times: _____

Dates the host site is not open or available during class times, _____

- Provide Code of Conduct if available. Please attach or circle NA.
- When needed encourage attendance to GOTR at the time class meets for enrolled girls

Coach Responsibilities:

- Determine plan for identifying participants*.

Briefly describe your recruiting and selection criteria (1st-come/1st-served, lottery, etc.)

- Facilitate timely registration of each girl - to include all parental paperwork and 5K registration. Participant health information is to be kept directly with the coach *at all times during each* class session.
- Maintain CPR Certification – at least one coach per class
- Attend coaches training and mid season coach training.
- Communicate as needed with parents and staff, to include behavioral, participation or health issues.
- Abide by GOTR expectations and deliver the curriculum as directed by GOTR staff.
- Attend all class sessions until all participants are picked up or arrange a substitute if unable to attend.

*As needed GOTR – DFW will assist with participant recruitment and identifying coaches.

GOTR Responsibilities:

- Provide contact information of coaches and GOTR staff in case of emergency, changes in site, or other unforeseen circumstances.
- Training of coaches
- Visit site with identified
- Curriculum and supplies to coaches, to include emergency first aid kit
- Support and continued training throughout the season
- Schedule of classes and significant events through the season provided to host site
- Communicate expectations of participants and code of conduct. A copy will be sent to Site Contact prior to the start of the season and available from the Head Coaches.

Program Fees

The fee for the program is \$120. However, families with limited income can choose to apply for a full or partial scholarship. Girls participate equally in the program regardless of the fee their family selects.

Included in the fee price are:

- ✓ 20 professionally developed, research based lessons conducted by two certified GOTR® Coaches
- ✓ “Grown Up Guide” – a companion to the curriculum
- ✓ supplies for each class
- ✓ participation in the end of season Celebration Event
- ✓ official GOTR T-shirt
- ✓ participation in end of year 5K

I am authorized to give permission to host a Girls on the Run team. I understand all items listed above as “Host Responsibilities” and will provide and update these items with the assistance of the Site Contact. This agreement will continue each year until Host or GOTR terminate the agreement.

Signature

Title

Date

***GOTR Staff**

Title

Date

****Once approved, GOTR staff will sign and return the agreement/application.***

FAX, MAIL or EMAIL application to:

Girls on the Run – DFW Metroplex

Attn: Janelle Carpenter

P.O. Box 472652

Garland, TX 75041

EMAIL: jcarpenter@gotrdfw.org

PHONE: 734-807-1952

FAX: 214-343-1107