

APPLICATION FOR BECOMING A SITE FOR GIRLS ON THE RUN®



Basic Site Information (site must be located in Dallas, Tarrant, Denton, Collin or Rockwall Counties)

SITE: _____ (if school, affiliated with what school district? _____)

ADDRESS: _____ CITY: _____

STATE: _____ ZIP: _____ PHONE: _____ FAX: _____

Site Contact Information

The Site Contact's role includes assuring the smooth implementation of the program by securing appropriate training space and permission to use the identified space.

SITE CONTACT'S NAME: _____ TITLE/ROLE: _____

PHONE #: _____ EMAIL (REQUIRED): _____

Please have school principal or site contact sign below indicating his/her acknowledgement and awareness that GOTR will be delivered at your site: _____

Readiness to Participate Criteria

While Girls on the Run® provides almost everything needed to run the program, the site is required to provide the following:

- Provide a Site Liaison (see attached role description)
- Provide a safe, dedicated space for running. **THIS IS ESSENTIAL.** This does not have to be a track. A field is fine. However, there is a need to measure off part of the area for occasions when lessons require running a certain distance, e.g. 1 mile, 5K, etc. Watch for other sports using the area or near the area - avoid flying balls, especially softballs or baseballs.

Briefly describe the available running area: _____

- Provide a rain site. Indoor, private, preferably a gym reserved for GOTR® and **NOT** in conflict with other programs.

Briefly describe the available indoor space: _____

- Determine plan for identifying participants.
- Identify participants. Distribute registration forms to 3rd through 5th grade girls.

Briefly describe your recruiting and selection criteria (1st-come/1st-served, lottery, etc.)

- If multiple teams are formed, assign coaches and participants to teams. Teams should include blend of **ALL THREE** grades as much as possible.

Readiness to Participate Criteria, continued

- Provide two coaching candidates per team for your site. Please list below two coaching candidates - list additional coaches on the back of this sheet, if applicable. Each coach will be required to attend Girls on the Run® training. First Aid and CPR certified. Coaches must be available two afternoons per week to conduct the class until all girls are picked up. Coaches will complete a coach application, non-compete form, as well as a background check.

COACH CANDIDATE NAME: _____
CONTACT INFORMATION: Phone # _____ Email: _____

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Team/Practice Information

Would your site like to be considered for more than one team (up to 15 girls)? _____

If yes, how many teams of 15 girls can your site accommodate (considering practice facilities)? _____

Please choose two days per week and the time the participants will meet for 1 ½ hours* per day.

Team 1 - Days: _____ Time (i.e., 3-4:30 p.m.): _____

Team 2 - Days: _____ Time (i.e., 3-4:30 p.m.): _____

Team 3 - Days: _____ Time (i.e., 3-4:30 p.m.): _____

*Although the class is only 1 hour, additional time is needed in the designated area for set up and pick up after class.

Program Fees

The fee for the program is \$80. However, families with limited income can choose apply for a full or partial scholarship. Girls participate equally in the program regardless of the fee their family selects.

Included in the fee price are:

- ✓ lessons conducted by two certified GOTR® Coaches
- ✓ specially designed curriculum
- ✓ supplies for each class
- ✓ participation in the end of season Celebration Event
- ✓ official GOTR T-shirt
- ✓ end of year race entry

FAX or MAIL application DEADLINE to:

Girls on the Run - DFW Metroplex

Attn: Janette Steinheimer

P.O. Box 472652

Garland, TX 75041

FAX: 214-343-1107