

## ***New Balance Girls on the Run 5K***

May 1, 2010  
8:00 am  
McInnish Park  
2340 Sandy Lake Road  
Carrollton, TX

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

E-mail: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age on race day: \_\_\_\_\_

Emergency contact *on day of race*: \_\_\_\_\_

Phone of emergency contact *on day of race*: \_\_\_\_\_

Race Fee:     \_\_\_\_\_ \$20 Before March 31, 2010  
                  \_\_\_\_\_ \$25 April 1 – April 28, 2010  
                  \_\_\_\_\_ \$30 Race Day

Make checks payable to Girls on the Run – DFW then mail signed registration form and fee to:  
Girls on the Run - DFW  
P.O. Box 472652  
Garland, TX 75047-2652

Race Day registration opens at 7:00 am.

Packet Pick up on race day only or from the coach if you are a participant or running buddy.

Race fees are not refundable.

### **Waiver:**

I understand potential risks of running in a 5K running event. I understand videos and photographs may be taken at the 5K and give permission to Girls on the Run - DFW to use or re-use photographs or video which I or my child may appear. Entry is invalid if not signed. I, the undersigned on behalf of my child or myself, waive any and all claims from myself, heirs and successors and assume full and complete responsibility for injury or accident which may occur during my or my child's participation in the event or while I am on the premises of the event. I hereby release and hold harmless Girls on the Run of the DFW Metroplex, Girls on the Run International, City of Carrollton, sponsors and vendors of the event.

\_\_\_\_\_  
Signature or parent or guardian/Participant if over 18

\_\_\_\_\_  
Date